

# Federation of Asian Veterinary Associations (FAVA) Daejeon, Korea, 2024



## Veterinary Clinical Communication Education & Research

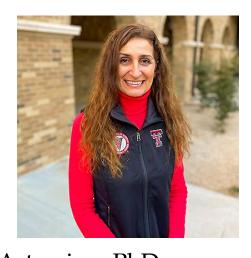
Dr. Elpida Artemiou, PhD, Professor of Veterinary Communications, Texas Tech University, United States

Dr. Christin Kleinsorgen, Master of Veterinary Education, University of Veterinary Medicine, Hannover, Germany



## Meet Our Presenters





Elpida Artemiou, PhD
Professor of Veterinary Communication
Teacher, scientist, editor, learner, collaborator
Runner, swimmer, gardener
Passionate about all sentient beings &

mindfulness practice



Dr. Christin Kleinsorgen, (DVM)
Master of Veterinary Education
Consultant, administrator, teacher,
scientist, learner, collaborator
Mountainbiker, hiker



## Agenda



- Introductions
- Philosophy & Historical Perspectives
- Communication Curricula
- Research & Publication
- Final Thoughts & Questions





## Our Philosophy



In clinical communication we have to attend and educate the whole person and the job of the teacher is to create a safe learning environment for learners to challenge their own skills and enhance their competencies to become both an effective, confident and compassionate clinician.

임상 의사소통에서는 전체적인 사람을 돌보고 교육해야 하며, 교사의 역할은 학습자들이 자신의 능력을 시험하고 향상시킬 수 있도록 안전한 학습 환경을 조성하는 것입니다. 이를 통해 학습자는 효과적이고 자신감 있으며, 자비로운 임상의로 성장할 수 있습니다.



## **Evolution of Veterinary Communication Curricula**



- Initial Emphasis on Technical Skills
  - Focus on medical knowledge, physical exams, critical thinking and problem solving.
- Shift in the Late 20th Century
  - Communication skills became a core competency, essential for accreditation.
- AVMA CoE Standards 9 & 11
  - ...opportunities for students to learn how to acquire information from clients (e.g., medical history) and about patients (e.g., medical records), to obtain, store and retrieve such information, and to communicate effectively with clients and colleagues...
- EAEVE Standards 3 (Curriculum) & (Facilities and equipment)
  - ...Procedures and facilities should also be available for soft skills training, e.g. communication skills training through role-play.

    Kurtz, S. (2006). Teaching and learning communication in veterinary medicine. Journal of Veterinary Medical Education, 33(1), 11-19.



# Communication skills: Equally or more important than clinical knowledge



Enhanced communication fosters more effective veterinarian-client consultations, leading to:

- Improved outcomes of care
- Increased accuracy
- Enhanced efficiency
- Increased adherence
- Improved veterinarian/client satisfaction
- Reduced conflicts, complaints, and malpractice claims





## Key Assumptions in Communication Curricula



- Communication as a Core Clinical Skill
  - Integral to effective veterinary medicine
- Communication as a Learned Skill
  - Mastered through structured learning and experiential practice.
- Experience Alone is Insufficient.
  - Experience may reinforce bad habits without appropriate guidance.



## **Communication Skills Domains**



#### **Professional Collaboration:**

Team communication, handling medical records, correspondence, and presenting in rounds.

#### Key communication issues:

Culture, ethics, end of life decisions, malpractice, and ethical considerations.

#### **Veterinary-client interactions:**

History taking, shared decision making.

#### **Self-Communication:**

Enhancing clinical reasoning, selfawareness, reflection, managing biases, and promoting wellness.

## Remote Communication:

Mastering telephone consultations, telemedicine, and online interactions.

#### **Health Promotion & Prevention:**

Leveraging media, social platforms, public speaking, and influencing health policy.

#### **Human-animal bond (HAB):**

Effective communication across species, understanding animal behavior.





# Current State of Veterinary Communication Curricula



- Integration into Core Curriculum
  - Communication skills as a central component in competency-based education.
- Teaching methods:
  - **Experiential Learning**: Role play, simulated clients (SCs), and structured feedback sessions.
  - Appropriate Repetition: A helical, hands-on method for deeper learning.
  - Conceptual Frameworks: Incorporation of models like the Calgary Cambridge Guide (CCG), SEGUE framework, the Maastricht MAAS Global, Motivational Interviewing (MI)
- Assessment methods:
  - **Varied Evaluation Techniques**: MCQs, skills-spotting, reflection, Objective Structured Clinica Examination (OSCE)



# **Practical Application**







# Innovations in Veterinary Communication Education



- Emerging Teaching Methodologies:
  - Flipped classrooms and interactive, studentcentered learning.
  - Engagement in inter-professional education and collaboration.
- Technology Integration
  - Utilization of online platforms to enhance communication training.
  - Implementation of virtual simulations and AIpowered training tools.
- Development of Assessment Strategies
  - Promote the learning function of assessment.

#### SPECIAL TOPIC: EDUCATIONAL THEORY AND PRACTICE

#### Measuring the Effectiveness of Small-Group and Web-Based Training Methods in Teaching Clinical Communication: A Case Comparison Study

Elpida Artemiou ■ Cindy L. Adams ■ Andrea Vallevand ■ Claudio Violato ■ Kent G. Hecker

#### ABSTRACT

Current teaching approaches in human and veterinary medicine across North America, Europe, and Australia include lectures, group discussions, feedback, role-play, and web-based training. Increasing class sizes, changing learning preferences, and economic and logistical challenges are influencing the design and delivery of communication skills in veterinary undergraduate education. The study's objectives were to (1) assess the effectiveness of small-group and web-based methods for teaching communication skills and (2) identify which training method is more effective in helping students to develop communication skills. At the Ross University School of Veteringry Medicine (RUSVM), 96 students were randomly assigned to one of three groups (control, web, or small-group training) in a pre-intervention and post-intervention group design. An Objective Structured Clinical Examination (OSCE) was used to measure communication competence within and across the intervention and control aroups, Reliability of the OSCEs was determined by generalizability theory to be 0.65 (pre-intervention OSCE) and 0.70 (post-intervention OSCE). Study results showed that (1) small-group training was the most effective teaching approach in enhancing communication skills and resulted in students scoring significantly higher on the post-intervention OSCE compared to the web-based and control groups, (2) web-based training resulted in significant though considerably smaller improvement in skills than small-group training, and (3) the control group demonstrated the lowest mean difference between the pre-intervention/post-intervention OSCE scores, reinforcing the need to teach communication skills. Furthermore, small-group training had a significant effect in improving skills derived from the initial phase of the consultation and skills related to giving information and planning.

Key words: communication skills, veterinary clinical communication, web-based instruction, small-group teaching, Objective Structured Clinical Examination, Calgary-Combridge Guide



## Practical Application: AI- SCs & Trigger Simulations







## Customized GPTs Support Communication Skills Training



### Velma

A creative GPT that creates client profiles and scripts for vet student practice.



### Jamal Richardson

An AI-SC that is set to strictly portray a client visiting a veterinary clinic with his dog, Max.



### Dr. Wisdom

A GPT that gives constructive feedback and recommendations on interviews conducted by veterinary students. Based on the Calgary-Cambridge Guide.





# Case Study: Texas Tech University School of Veterinary Medicine (TTU SVM)



### • Program Structure:

- A 4-year program with 18-week semesters in fall and spring.
- Six pre-clinical semesters followed by a one-year of clinical practice.

#### Communication Skills integration:

- Embedded across all pre-clinical semesters within the Clinical & Professional Skills Program (CPS).
- Each semester includes 3 hours of student-centered presentations and 9 hours of hands-on practice with simulated clients (SCs).
- CPR elective communication.

#### Student Participation:

- Involvement in 69 SC encounters, with 18 as the lead learner.
- Engagement in community outreach programs.

#### • Assessment Framework:

- Completion of 1 formative OSCE-sem 1, Summative OSCE (small-sem2 and food animal 5), skill-spotting exercises-sem3, reflective exercise-sem 4, and a 3-day 13-station integrated summative OSCE-sem 6.
- 10-rooms with a central conference facility, reception area and technical room.
- Team of 20 Simulated Clients.





# Case Study: University of Veterinary Medicine Hannover (TiHo Hannover)

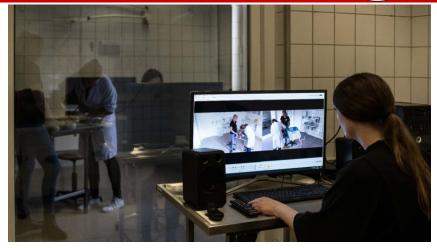


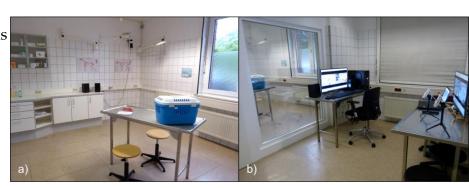
### • Program Structure:

- A 5 ½ -year program with 14-week semesters in fall and spring.
- Four pre-clinical semesters, four clinical semesters, followed by one-year of clinical practice, and one semester of exams.
- Several elective subjects (Basics, Anamnesis, Breaking Bad News, Euthanasia, Interprofessional Communication)
- Communication Skills integration: (no legal framework, yet)
  - Embedded in professional studies across two pre-clinical semesters (1<sup>st</sup> and 2<sup>nd</sup>), integration in propaedeutics (5<sup>th</sup> semester), practical year (9<sup>th</sup> and/or 10<sup>th</sup> semesters)
  - Courses include 2-4 hours of student-centered presentations and 2-4 hours of hands-on practice with simulated clients (SCs).

#### Simulated Clients:

- Costs: 'volunteers' of lay actors (approximately 100 €/hour).
- Trained and prepared for standardized simulations.
- Assessment Framework:
  - Completion of 1 formative OSCE







## Opportunities for improvement



- Enhancing Training programs:
  - Expand and diversify communication scenarios for more comprehensive learning.
- Faculty & Simulated Client Development:
  - Strengthen facilitator and coaching skills through targeted training programs.
- Investing in a Communication Suite and Technology:
  - Building flexible learning spaces equipped with examination and observations rooms, and simulation software.
- Research and Innovation:
  - Drive continuous improvement through dedicated research and innovative practices in veterinary communication.

## Paper

Standardised clients as assessors in a veterinary communication OSCE: a reliability and validity study

E. Artemiou, C. L. Adams, K. G. Hecker, A. Vallevand, C. Violato, J. B. Coe

In human medicine, standardised patients (SP) have been shown to reliably and accurately assess learners' communication performance in high-stakes certification Objective Structured Clinical Examinations (OSCE), offering a feasible way to reduce the need for recruitment, time commitment and coordination of faculty assessors. In this study, we evaluated the use of standardised clients (SC) as a viable option for assessing veterinary students' communication performance. We designed a four-station, two-track communication skills OSCE. SC assessors used an adapted nine-item Liverpool Undergraduate Communication Assessment Scale (LUCAS). Faculty used a 2T-item checklist derived from the Calgary-Cambridge Guide (CCG) and a five-point global rating scale. Participants were second year veterinary students (n=96). For the four stations, intrastation reliability (c) ranged from 0.63 to 0.82 for the LUCAS, and 0.73 to 0.87 for the CCG. The interstation reliability (o) coefficients were 0.85 for the LUCAS and 0.89 for the CGG. The calculated Generalisability, SC and faculty assessors showed a significant correlation between the LUCAS and CCG total percent scores (r=0.45, P<0.001), and likewise between the LUCAS and qlobal rating scores (r=0.49, P<0.001).

Study results support that SC assessors offer a reliable and valid approach for assessing veterinary communication OSCE.

Papei



## Challenges in Veterinary Communication Curricula



- Barriers to communication skills training:
  - Limited curriculum time dedicated to communication training.
  - Insufficient time and resources to support comprehensive learning.
  - Inconsistent faculty expertise in delivering communication education.
  - Motivation to change the role modelling of effective communication skills.



## Research: Observation







## Instruction: Please Smile



Please Smile

por favor sonríe

Bitte lächeln

s'il te plaît, souris



웃어주세요

笑ってください

กรุณายิ้ม

Tolong tersenyum







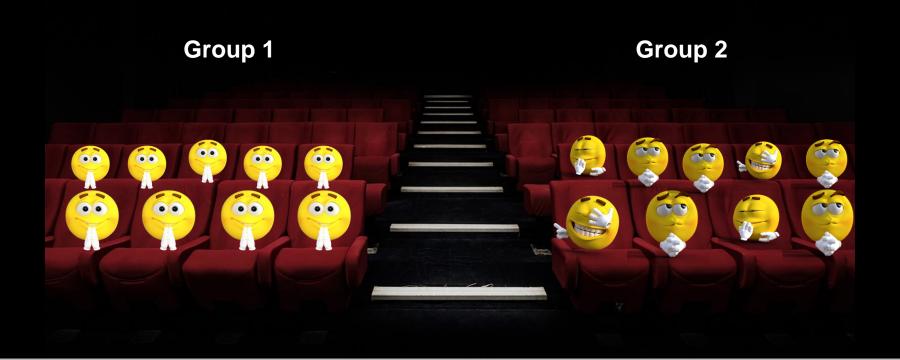






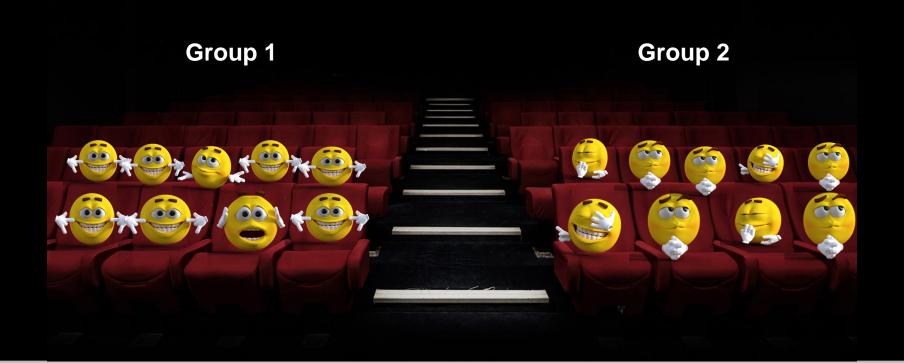




















## **Findings**



Results of the observational experiment:

- My observations
- vs. expected results
- Your observations

"I don't know what just happend, but I feel happier now."

"They were all smiling, so I also smiled."

"Something changed, there suddenly was a joyful atmosphere"

"I often remember your instruction, it showed me how powerful a smile or good mood is."



## Research & Innovation: Research Process



- Identifying a research topic and formulating a research question
- Collaboration in Veterinary Educational Research
- Searching the Literature (beyond veterinary)
- Designing a Study (Quant | Qual | Mixed | etc.)
- Research ethics and ethical approval for a study
- Recruiting and managing study participants
- Data management and statistical analysis
- Dissemination of research findings





Veterinary Educational Researcher's Handbook





Hunt, Julie, et al. "Veterinary Educational Researcher's Handbook." EdArXiv, 16 June 2022. Web. <a href="https://osf.io/preprints/edarxiv/dn6e2">https://osf.io/preprints/edarxiv/dn6e2</a>



## Research & Innovation: Dissemination



## The process of research



- Dissemination as a key part of the research process
  - Building a research profile
  - Contribution to educational evidence
- Formats:
  - Conference presentations
  - Manuscripts, book Chapters
  - Peer review processes
  - Open educational resources



### Research & Innovation: Publication Processes





Bond (HAB)/

& Wellbeing

Mental Health

Pauch et al RMC Medical https://doi.org/10.1186/s1

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Animals 2024, 14, 22

RESEARCH

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Michèle Rauch<sup>1\*</sup> O. S

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Abstract

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Michèle Rauch ■ Vivier ABSTRACT

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#### INTRODUCTION

Communication is an unay in a veterinarian's profess ing number of pet-owning pets as family members, p ary services have expanded animal bond has a strong ir When asked to name the their veterinarian, pet ow and respectful and inform ents of their choice.6 Comm tween evidence-based med personality and can therefo of a veterinarian and are is medical knowledge and m

Communication is cons for veterinarians and vetwork. 3478 In a review of the 2015,7 improving communi tion was suggested, as ma perceived their undergrad adequate and therefore die their profession.47 It is pa deal with demanding pet and to communicate comp as euthanasia.9-12 In additio ing with the complexity of emotional intensity when d This is underlined by the

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against veterinarians are bu @ American Association of Vet to the full text Manuscripts or Colleges, Requests for permiss to reduce work-related stress in veterinary academia Elpida Artemiou, Gregory E Gilbert, 23 Anne Callanan, Silvia Marchi, Don R Bergfelte

Mind-body therapies: an intervention

Studies investigating perceived stress and mindfulness awareness support mind-body therapy (MBT) effectiveness in reducing stress and anxiety and, thus, has potential to decrease work-related stress. A pre/postexperimental design involved 30 faculty and staff working at Ross University School of Veterinary Medicine, Saint Kitts and Nevis, who experienced a two-day MBT intervention programme. An additional 16 faculty and staff not involved in MBT who went about their daily work schedules served as contemporary controls. Demographics, Perceived Stress Scale 10 (PSS-10), Mindful Attention Awareness Scale (MAAS), 16 Personality Factor (16PF) Openness to Change subscale and saliva cortisol concentrations were analysed. Control participants reported significantly perceived less stress (PSS-10: M=13; sd=1.4) than intervention participants (M=20; sd=6.6) during pretest. However, at post-test the intervention group reported a significant decrease in perceived stress (M-11; sd-6.0) MAAS pretest results indicated the intervention group displayed a lower average score (M=54; sd=15.3) than control participants (M=68; sd=2.0). Post-MAAS intervention scores showed improvements in mindfulness (M=63; sd=15.3). Correlations between the 16PF Openness to Change subscale and MAAS were r=0.03 and r=-0.17 for the intervention and control groups, respectively. Mean concentrations of saliva cortisol indicated a larger and significant decline in cortisol for the intervention group both during day 1 (P=0.0001) and day 2 (P=0.0008). In conclusion, these preliminary results provide support that MBTs in veterinary academia can improve psychological and physiological aspects of personal wellbeing.

#### Introduction

While stress is a construct subject to numerous definitions it is generally accepted as psychological and/or physiological result of high external and internal environmental demands compared with limited resources,1-3 The impact of workplace stress for an organisation and society is evident with lowering productivity and lob satisfaction: thus, increasing employee turnover and healthcare costs.13 Workplace stress has been associated with absenteeism and mental and emotional problems resulting in 40 million lost

Veterinary Record (2018)

Department of Clinical Sciences, Medicine, Bassetene, Saint Kitts and loss University School of Veterinary Medicine, Basseterre, Saint Kitts and Learning Sciences, Adtalom Global

Provenance and peer review. Not Education, Downers Grove, Binois, USA Center for Teaching and Learning, Bess University School of Medicine, Roseau. Dominica Department of Biomedical Sciunces,

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commissioned; externally peer

suggests employees experience high levels of stress, anxiety anger depression fatigue abnormal sleen behaviour and burnout, all due to job stress,3 Specifically, in human medicine, general practitioners, as well as specialist physicians, report a demanding workload, imposed administrative obligations, declining autonomy and times pent with patients, all contributing to decreasing personal wellbeing, professional satisfaction as well as patient care.4-7 Physicians in academia experience heightened challenges considering increased clinical responsibilities, and competing time commitments between teaching, research and administrative duties.51 doi: 10.1136/wr.104815 Likewise, veterinary professionals report experiencing increased levels of work-related stress. Contributing factors include the complexity of the veterinary-clientpatient relationship, difficult colleague interactions, high expectations in the delivery of care and support of the human-animal bond, long working hours, lack of resources, low earnings, challenges in providing quality care while meeting client's financial expectations, inherent challenges of euthanasia consultations, difficulties in maintaining a work-life balance and

workdays annually, 13 At the individual's level, evidence

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# Acknowledgments and Repository







Repository of Resources:

https://cloud.tiho-hannover.de/index.php/s/qGQPgejfT6iQzD5